

Specification for Level 3 Diploma in Health and Social Care (Adults) for England

General Information

This qualification is within the *Diploma* range of credit.

Learners must achieve a minimum of 58 credits to gain the Level 3 Diploma in Health and Social Care (Adults) for England. To do this they must achieve:

- 28 credits from the mandatory units in Group A
- a minimum of 2 credits and a maximum of 7 credits from the optional units in Group B
- a minimum of 23 credits from the optional units in Group C

Learners claiming a specialist pathway (Dementia, or Adults with Learning Disabilities) must achieve some specified units within the credits required in groups B and C.

All units must be assessed in accordance with Skills for Care and Development QCF Assessment Principles and the regulatory arrangements for the Qualifications and Credit Framework.

** NB Use of barred combinations for progression. Where a barred combination is shown between a unit in Group B and a related unit in Group C, this does not mean that learners cannot achieve both units. The bar is on claiming credits for both units, where the same knowledge occurs in a knowledge unit and its related competence unit.*

Table 1 Qualification Structure Full Level 3 Qualification

Group A – Mandatory units

CREDITS: 28 credits must be achieved from all 9 mandatory units
(4 shared core plus 5 HSC specific)

Group B – Optional context/specialist knowledge units

CREDITS: Min 2 Max 7

Generic qualification – free choice of units

DEM 301 Understand the process and experience of dementia required for Dementia Pathway then free choice

LD 201 Understand the context of supporting an individual with learning disabilities required for Learning Disability Pathway then free choice

Group C units – Optional competence units

CREDITS: At least 23 credits must be achieved

Generic qualification – free choice of units

Either DEM 304, DEM 312 or DEM 313 required for the Dementia pathway then free choice

Either LD 302 or LD 303 required for Learning Disability Pathway then free choice

Summary

Total credits for HSC Diploma 3 = 58 credits or more

Credits from Group A – 28 credits

Combined credits from Groups B and C must total at least 30 credits

Table 2 GROUP A Mandatory units

Ref	Title	Level	Credit	GLH	Unit type	Barred combinations/notes	WBA refs
SHC 31	Promote communication in health, social care or children's and young people's settings	3	3	10	Competence		J/601/1434
SHC 32	Engage in personal development in health, social care or children's and young people's settings	3	3	10	Competence		A/601/1429
SHC 33	Promote equality and inclusion in health, social care or children's and young people's settings	3	2	8	Competence		Y/601/1437
SHC 34	Principles for implementing duty of care in health, social care or children's and young people's settings	3	1	5	Knowledge		R/601/1436
	Credits		9	33			

The following five units are mandatory for all learners undertaking the health and social care Diploma at level 3

HSC 024	Principles of safeguarding and protection in health and social care	2	3	26	Knowledge		A/601/8574
HSC 025	The role of the health and social care worker	2	2	14	Competence		J/601/8576
HSC 036	Promote person centred approaches in health and social care	3	6	41	Competence		Y/601/8145
HSC 037	Promote and implement health and safety in health and social Care	3	6	43	Competence		F/601/8138
HSC 038	Promote good practice in handling information in health and social care settings	3	2	16	Competence		J/601/9470
	Credits		19	140			
	Total credit for Mandatory Group A		28				

Table 3 GROUP B 'Context' or specialist knowledge units

GROUP B requirements for pathways			
	Generic qualification	Dementia pathway	Learning disability pathway
Required	None specified, but 1 unit/ 2 credits must be achieved	DEM 301 Understand the process and experience of dementia	LD 201 Understand the context of supporting an individual with learning disabilities
Optional	Free choice from units in Group B	Free choice from units in Group B	Free choice from units in Group B

Ref	Title Option Group B	Level	Credit	GLH	Unit type	Barred combinations/notes	WBA ref
Advo 301	Purpose and principles of independent advocacy	3	4	25	Knowledge		M/502/3146
CMH 301	Understand mental well-being and mental health promotion	3	3	14	Knowledge		F/602/0097
CMH 302	Understand mental health problems	3	3	14	Knowledge		J/602/0103
DEM 301	Understand the process and experience of dementia	3	3	22	Knowledge		J/601/ 3538
DEM 305	Understand the administration of medication to individuals with dementia using a person centred approach	3	2	15	Knowledge		K/601/9199
DEM 308	Understand the role of communication and interactions with individuals who have dementia	3	3	26	Knowledge	Barred combination with DEM 312 Y/601/4693	L/601/3539
DEM 310	Understand the diversity of individuals with dementia and the importance of inclusion	3	3	23	Knowledge	Barred combination with DEM 313 F/601/4686	Y/601/3544
HSC 3021	Understand theories of relationships and social networks	4	3	29	Knowledge		Y/601/8579
HSC 3046	Introduction to personalisation in social care	3	3	22	Knowledge		K/601/9493
IC01	The Principles of Infection Prevention and Control	2	3	30	Knowledge		L/501/6737

IC02	Causes and spread of infection	2	2	20	Knowledge		H/501/7103
IC03	Cleaning, Decontamination and Waste Management	2	2	20	Knowledge		R/501/6738
LD 201	Understand the context of supporting individuals with learning disabilities	2	4	35	Knowledge		K/601/5315
LD 206	Principles of supporting an individual to maintain personal hygiene	2	1	10	Knowledge	Barred combination with LD 206C K/601/9963	H/601/5703
LD 305	Understand positive risk taking for individuals with disabilities	3	3	25	Knowledge	Barred combination with HSC 3066 L/601/9549	J/601/6293
LD 307	Principles of supporting individuals with a learning disability regarding sexuality and sexual health	3	3	21	Knowledge		A/601/6274
LD 310	Understand how to support individuals with autistic spectrum conditions	3	3	28	Knowledge		T/601/5317
LD 311K	Principles of supporting young people with a disability to make the transition into adulthood	3	3	30	Knowledge	Barred combination with LD 311C F/602/0049	M/601/7227
LD 314K	Principles of self-directed support	3	3	26	Knowledge	Barred combination with LD 314C J/602/0053	M/601/7048
PD OP 3.1	Understand Physical disability	3	3	22	Knowledge		J/601/6150
PD OP 3.3	Understand the impact of acquired brain injury on individuals	3	3	28	Knowledge		Y/601/6167
SS MU 3.1	Understand sensory loss	3	3	21	Knowledge		M/601/3467
SS OP 3.1	Understand models of disability	3	3	26	Knowledge		F/601/3473
	Total Credit for Option group B	Minimum of 2 credits maximum of 7 credits			Total credits from group B + group C = 30 minimum		

Table 4 GROUP C Competence Units

GROUP C requirements for pathways			
	Generic qualification	Dementia pathway	Learning disability pathway
		<i>Either</i>	<i>Either</i>
Required	None specified but at least 23 credits must be achieved	DEM 304 Enable rights and choices of individuals with dementia whilst minimising risks	LD 302 Support person centred thinking and planning
		<i>Or</i>	<i>Or</i>
		DEM 312 Understand and enable interaction and communication with individuals who have dementia	LD 303 Promote Active Support
		<i>Or</i>	
		DEM 313 Equality, diversity and inclusion in dementia care practice	
Optional	Free choice from units in Group C	Free choice from units in Group C	Free choice from units in Group C

GROUP C							
Ref	Title	Level	Credit	GLH	Unit type	Barred combinations/Notes	WBA ref
Advo 302	Providing independent advocacy support	3	6	25	Competence	Barred combination with Advo 303 A/502/3148 and Advo 304 F/502/3149	T/502/3147
Advo 303	Maintaining the independent advocacy relationship	3	6	25	Competence	Barred combination with Advo 302 T/502/3147 and Advo 304 F/502/3149	A/502/3148
Advo 304	Responding to the advocacy needs of different groups of people	3	6	25	Competence	Barred combination with Advo 302 T/502/3147 and Advo 303 A/502/3148	F/502/3149
ASM1	Recognise indications of substance misuse and refer individuals to specialists	3	4	24	Competence		M/601/0648
ASM3	Support individuals who are substance users	3	7	42	Competence		A/601/0670

ASM4	Identify and act upon immediate risk of danger to substance mis-users	3	4	24	Competence		D/501/0585
ASM 5	Provide services to those affected by someone else's substance use	3	4	24	Competence		M/601/0682
ASM8	Increase awareness about drugs, alcohol or other substances with individuals and groups	3	7	42	Competence		H/501/0586
ASM9	Test for substance use	3	5	30	Competence		T/601/0666
ASM11	Carry out initial assessments to identify and prioritise the needs of substance misusers	3	5	30	Competence		D/601/0662
ASM12	Carry out comprehensive substance misuse assessment	3	5	30	Competence		K/501/0587
ASM15	Assist with the transfer of individuals who misuse substances between agencies and services	3	1	6	Competence		D/601/0676
ASM18	Support individuals through detoxification programmes	3	3	18	Competence		K/501/0590
ASM 24	Develop and sustain effective working relationships with staff in other agencies	3	4	24	Competence		R/601/3526
ASM34	Administer Medication to individuals and monitor the effects	3	5	30	Competence	L3 Barred combination with HSC 3047 F/601/4056	Y/501/0598
ASM35	Supply and exchange injecting equipment for individuals	3	3	18	Competence		D/501/0599
DEM 302	Understand and meet the nutritional requirements of individuals with dementia	3	3	26	Competence		T/601/9187
DEM 304	Enable rights and choices of individuals with dementia whilst minimising risks	3	4	26	Competence		A/601/9191
DEM 312	Understand and enable interaction and communication with individuals who have dementia	3	4	30	Competence	Barred combination with DEM 308 L/601/3539	Y/601/4693
DEM 313	Equality, diversity and inclusion in dementia care practice	3	4	31	Competence	Barred combination with DEM 310 Y/601/3544	F/601/4686

HSC 2003	Provide support to manage pain and discomfort	2	2	15	Competence		K/601/9025
HSC 2019	Gain access to the homes of individuals, deal with emergencies and ensure security on departure	2	2	14	Competence		R/601/7902
HSC 2024	Undertake agreed pressure area care	2	4	30	Competence		T/601/8721
HSC 2028	Move and position individuals in accordance with their plan of care	2	4	26	Competence		J/601/8027
HSC 3001	Contribute to raising awareness of health issues	3	4	26	Competence		T/601/9027
HSC 3002	Provide support to continue recommended therapies	3	3	20	Competence		A/601/9028
HSC 3003	Provide support to maintain and develop skills for every day life	3	4	28	Competence		L/601/8028
HSC 3004	Facilitate learning and development activities to meet individual needs and preferences	3	5	35	Competence		L/601/8644
HSC 3007	Support the development of community partnerships	4	5	33	Competence		M/601/9494
HSC 3008	Implement therapeutic group activities	3	4	25	Competence		D/601/9491
HSC 3010	Support individuals to develop and run support groups	3	3	24	Competence		H/601/9492
HSC 3012	Prepare to support individuals within a shared lives arrangement	3	4	31	Competence		M/601/9611
HSC 3013	Support individuals to access and use services and facilities	3	4	25	Competence		F/601/7927
HSC 3014	Provide support for individuals with a shared lives arrangement	3	5	35	Competence		J/601/9601
HSC 3019	Support individuals in their relationships	3	4	27	Competence		R/601/8578
HSC 3020	Facilitate person centred assessment, planning, implementation and review	3	6	45	Competence		H/601/8049
HSC 3022	Support individuals to live at home	3	4	25	Competence		Y/601/7903
HSC 3023	Support individuals to manage their finances	3	3	20	Competence		D/601/7904

HSC 3024	Support individuals to access and manage direct payments	4	6	40	Competence		H/601/7905
HSC 3027	Support individuals to access housing and accommodation services	3	4	24	Competence		K/601/7906
HSC 3028	Support individuals to deal with personal relationship problems	3	4	26	Competence		R/601/8581
HSC 3029	Support individuals with specific communication needs	3	5	35	Competence		T/601/8282
HSC 3033	Support individuals during a period of change	3	4	29	Competence		M/601/7907
HSC 3034	Support individuals to prepare for and settle in to new home environments	3	3	23	Competence		T/601/7908
HSC 3035	Support Individuals who are bereaved	3	4	30	Competence		A/601/7909
HSC 3038	Work in partnership with families to support individuals	3	4	27	Competence		H/601/8147
HSC 3045	Promote positive behaviour	3	6	44	Competence	Barred combination with HSC 3065 T/601/9738	F/601/3764
HSC 3047	Support use of medication in social care settings	3	5	40	Competence	Barred combination with ASM 34 Y/501/0598	F/601/4056
HSC 3048	Support individuals at the end of life	3	7	53	Competence		T/601/9495
HSC 3049	Prepare environments and resources for use during healthcare activities	2	3	20	Competence		R/601/8824
HSC 3050	Prepare for and carry out extended feeding techniques	3	4	27	Competence		A/601/8980
HSC 3051	Undertake tissue viability risk assessments	3	3	26	Competence		Y/601/9022
HSC 3052	Undertake physiological measurements	3	3	23	Competence		R/601/8662
HSC 3053	Obtain venous blood samples	3	3	24	Competence		D/601/8860
HSC 3054	Undertake urethral catheterisation processes	3	4	28	Competence		J/601/8979

HSC 3055	Identify the physical health needs of individuals with mental health needs and plan appropriate actions	4	5	35	Competence		A/601/9174
HSC 3056	Support families in maintaining relationships in their wider social structures	3	4	33	Competence		K/601/9185
HSC 3057	Work with families, carers and individuals during times of crisis	4	5	35	Competence		F/601/9029
HSC 3058	Enable individuals with behavioural difficulties to develop strategies to change their behaviour	3	8	41	Competence		L/601/9034
HSC 3061	Help individuals address their substance use through an action plan	3	4	28	Competence		J/601/9968
HSC 3062	Interact with and support individuals using telecommunications	3	5	36	Competence		Y/601/8825
HSC 3065	Implement the positive behavioural support model	4	8	61	Competence	Barred combination with HSC 3045 F/601/ 3764	T/601/9738
HSC 3066	Support positive risk taking for individuals	3	4	32	Competence	Barred combination with LD 305 J/601/6293	L/601/9549
L2EFAW	Emergency first aid skills	2	1	10	Competence		Y/600/1250
LD 206 C	Support individuals to maintain personal hygiene	2	2	17	Competence	Barred combination with LD 206 H/601/5703	K/601/9963
LD 302	Support person-centred thinking and planning	3	5	41	Competence		A/601/7215
LD 303	Promote active support	3	5	36	Competence		D/601/7353
LD 308	Support individuals with a learning disability to access healthcare	3	3	25	Competence		J/601/8657
LD 311 C	Support young people with a disability to make the transition into adulthood	3	5	40	Competence	Barred combination with LD 311K M/601/7227	F/602/0049
LD 312	Support parents with disabilities	3	6	43	Competence		K/601/7047

LD 314C	Support individuals with self-directed support	3	5	35	Competence	Barred combination with LD 314K M/601/7048	J/602/0053
PD OP 3.2	Work with other professionals and agencies to support individuals with physical disabilities	3	3	23	Competence		K/601/6190
PDOP 3.4	Support families who are affected by acquired brain injury	3	3	30	Competence		M/601/5817
PDOP 3.5	Support families who have had a child with a disability	3	3	23	Competence		D/601/5750
SS OP 3.2	Promote effective communication with individuals with sensory loss	3	4	30	Competence		K/601/3483
SS OP 3.3	Support individuals with multiple conditions and/or disabilities	3	4	31	Competence		A/601/5190
SS OP 3.4	Support individuals in the use of assistive technology	4	4	32	Competence		J/601/3541
SS OP 3.5	Support the assessment of individuals with sensory loss	3	3	22	Competence		R/601/3543
SS OP 3.6	Support the promotion of awareness of sensory loss	3	3	23	Competence		D/601/3545
SS OP 3.7	Support individuals to access education, training or employment	4	4	31	Competence		H/601/3546
SS OP 3.8	Enable individuals to negotiate environments	3	5	34	Competence		R/601/5180
	Total credit for option group C	Minimum 23					
		Total credits from group B + group C = minimum 30					